

## Southbrook School

### **Personal, Social, Health Education and Citizenship Policy including Drugs and Sex Education and Drugs Related Incident Policy**

#### **Purpose to this Policy:**

- To establish an entitlement for all pupils
- To establish expectations for teachers of this subject
- To promote continuity and coherence across the school
- To state the school's approaches to this subject in order to promote public and particularly parents' and carers', understanding of the curriculum

#### **Introduction:**

##### ***The importance of personal, health and social education to the curriculum***

Personal, social, health education (PSHE) enables pupils to become effective learners and supports them as they move from childhood through adolescence to become independent young people and effective citizens.

PSHE helps pupils to:

- Acquire knowledge and understanding of themselves, of others and of the world they live in
- Develop skills for living
- Understand and manage their emotions
- Become morally and socially responsible
- Take on a range of roles and relationships
- Value themselves and respect others
- Contribute to their community
- Appreciate difference and diversity
- Participate actively in our democracy
- Safeguard the environment
- Act in the wider world in a way that makes the most of their own and others' human potential

##### ***The aims of personal, social and health education and how these contribute to the school's aims***

The school aims to:

- Promote a positive sense of self
- Promote good relationships with others
- Promote good attitudes towards others and an understanding of differences between people and their viewpoints
- Provide opportunities to share and explore life experiences / emotions / difficulties in groupings beyond the family
- Equip pupils with knowledge about the world in which we live

- Equip pupils with the skills and attitudes to engage successfully in the task of learning
- Encourage reflections about beliefs, choices and values
- Promote a healthy and safe lifestyle
- Provide opportunities, responsibilities and experiences that will prepare pupils for the adult world

### **Citizenship:**

The incorporation of citizenship in PSHE at all Key Stages allows for an integrated approach to the major theme of citizenship. These are:

- Rules
- Communities
- Conflict
- Making choices
- Responsibility

For example:

- What is expected of me in the family, school and the wider world?
- What do I need to know about the systems in place for the running of that world?

Approved by Governors:    **10/12/07**  
  **07/12/10**  
  **10/12/13**  
  **08/12/16**

Date Policy due for Review: **December 2019**